



# Welcome to Ladner United Church

A Heart for God... in the Heart of the Village

Sunday, January 29, 2012

**We are glad that you are here. All are welcome in this place. There is a card in the pew rack to let us know your contact information, or changes to your information, and to request other services.**

- for more information please go to our website at [www.ladnerunited.org](http://www.ladnerunited.org) or be in contact with our minister
- the website has a Questions and Answers document & it is available at the front door
- let the church office know if you require a name tag
- after each service – follow the crowd to the church hall for refreshments
- If you require offering envelopes (for tax receipts) or wish to sign up for PAR (Pre-Authorized Giving), please contact the office
- in our faith community we have people who are allergic to strong scents, perfume, melons and peanuts

**Thanks to everyone who helped with today's service:**

**Hosts: 9:00 am:** Sally Hickling  
**11:00 am:** Renee & Cliff Beaumont  
**Scripture Reader: 9:00 am:** Janet Walsh  
**11:00 am:** Pat Rogers  
**Ushers: 9:00 am:** Janet Walsh  
**11:00 am:** May Mah & Brenda Swinton

**COFFEE HOST: L, M, N**

*Next week: O,P,Q,R*

*If your surname begins with L, M or N, please come to the kitchen before & after the service to help serve coffee & treats. Thank you!*

**Upcoming Events at Ladner United:**

**Wednesday, Feb 1:** Pastoral Care Elders Meeting 12:00pm -Fellowship  
**Thursday, Feb 2:** Choir practice in the Sanctuary  
6:00 - Handchime Choir 6:45 - Youth Choir 7:30 - Senior Choir  
**Saturday, Feb 4:** Women's Breakfast 8:00 am at Ricky's Restaurant  
Book Club - 9:30 am in the Celebration Centre

## Breath, Body & Spirit – Winter/Lenten Session Wednesdays, February 1<sup>st</sup> – April 4<sup>th</sup>, 2 - 3:30 pm

Please join us in the Celebration Centre, for a time of relaxation & rejuvenation.

**February 1<sup>st</sup> to February 15<sup>th</sup>** – These 3 sessions will follow our familiar program format featuring gentle breathing sequences combined with Do-in (doh-wen) – an acupressure message technique.

**February 22<sup>nd</sup> to April 4<sup>th</sup>** – Starting Ash Wednesday and throughout the time of Lent we will continue to practice our breathing sequences and experience a series of guided meditations.



This is a drop-in program – no registration is required.

All movements are done from a seated position and can be practiced by anyone.

The relaxation sequence takes about 45 minutes and is followed by a time of tea and conversation together.

For more info visit our Breath, Body & Spirit web page: [www.ladnerunited.org](http://www.ladnerunited.org)

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• **The South Delta United Church Book Club**



The next book club meeting is **Saturday Feb 4 from 930 to 1130** and our book is **'To Kill a Mockingbird'** by Harper Lee. You are welcome to join us at the church in the Fellowship Room if you have read the book. This is not restricted at all to Ladner United Church members – you may bring a friend(s) along who have read the book as well.

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**Seniors Valentine High Tea**

Thursday February 9, 2012 at 12 noon.

Cost \$3.00. Please register early by telephoning Agnes Bauer 604-940-0548. Limited to 60 people.



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**Peace Candles**

The Pastoral Care Elders on behalf of the people of Ladner United Church invite any visitors worshipping with us to take a Peace Candle and Scroll to your home church. Please take our blessings to your home with this quiet and simple prayer for peace.

John 20:21 Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you."



## Annual General Meeting

Ladner United Church's Annual General Meeting will take place at the church on **Sunday, February 19th** following one service at 10:00 am.  
Please join us!



### *Solas - Trip Notes 2012*

♥ MARK your calendar for our ♥  
♥ Concert & Cake - February 18<sup>th</sup> ♥  
Bring your Friends, Bring your Sweetie,  
♥ Definitely Bring Yourself! ♥

*Solas - Gaelic for "comfort, joy or light" LUC's Mission Trip July 2012*

Warm Up! Coffee, Tea, Cocoa ... Reorder NOW!  
Place your Order TODAY  
Joan A will be taking orders after church



### **Certified CPR Course** (4 hours)

Offered by Erin Challenger on **Saturday February 25 2012** in the Celebration Centre.  
Please register by February 18, 2012 by telephoning Ladner United Church Office 604-946-6254. **A fee of \$50.00 is required upon registration.**  
Cheques are to be made out to Erin Challenger.

### **Healing Prayer**



The Healing Prayer group offers healing sessions on one Tuesday afternoon and one Tuesday evening each month in the Sanctuary. If you are interested in receiving a session please call the office at 604-946-6254. For more information about the group and our healing sessions we have a pamphlet available or you can go one line to LUC's website: [www.ladnerunited.org](http://www.ladnerunited.org).

### **C O N T A C T S**

**Clergy:** The Rev Jim Short 778 887 6236 [minister@ladnerunited.org](mailto:minister@ladnerunited.org)  
**Music Minister:** Kenn Hutchinson-Surette [music@ladnerunited.org](mailto:music@ladnerunited.org)  
**Add a Name to the Prayer Chain:** Dorothy Lenney 604-943-7986  
**Parish Health Ministry:** [parish\\_health@ladnerunited.org](mailto:parish_health@ladnerunited.org)  
**Ministry & Personnel Committee:** [mandp@ladnerunited.org](mailto:mandp@ladnerunited.org)  
**Youth Group:** [jryouth@ladnerunited.org](mailto:jryouth@ladnerunited.org)  
**Leadership Council:** [council@ladnerunited.org](mailto:council@ladnerunited.org)  
**Church School:** [sundayschool@ladnerunited.org](mailto:sundayschool@ladnerunited.org)  
**Office:** 604-946-6254 [office@ladnerunited.org](mailto:office@ladnerunited.org) [www.ladnerunited.org](http://www.ladnerunited.org)

## **WELCOME TO ST. STEPHENS—EAST DELTA**

9696 Ladner Trunk Road (no. 10 Hwy) East Delta, BC V4K 3M3  
LUC office: 604-946-6254; fax: 604-946-6233;  
email: [office@ladnerunited.org](mailto:office@ladnerunited.org)



### **Sunday, January 29, 2012**

Clergy: The Reverend Doug Graves: [dgraves2@telus.net](mailto:dgraves2@telus.net) 604-948-5470  
The Reverend Wendy Bily: [wbily@uniserve.com](mailto:wbily@uniserve.com) 604-946-1746  
Pastoral Charge Lead Minister: Major the Rev. Jim Short, CD 604-946-6254  
Music Minister: Lee Fraser [lfraser@corp.delta.bc.ca](mailto:lfraser@corp.delta.bc.ca) 604-940-8180  
Youth Program: Marilyn Davis [pacifichaven@telus.blackberry.net](mailto:pacifichaven@telus.blackberry.net) 604-524-9805  
Krista Harper [kharp@telus.net](mailto:kharp@telus.net) 604-948-0126  
Board Chair: Dewar Harper [dewar&diane@telus.net](mailto:dewar&diane@telus.net) 604-943-1717  
Parish Secretary: Wendy Fraser [office@ladnerunited.org](mailto:office@ladnerunited.org) 604-946-6254

*Welcome! In this morning's service may you find joy in celebration, strength and hope in the presence of God, and a challenge to make a difference in the world.*

\*As a courtesy to those who are sensitive to them, please refrain from wearing perfume or cologne during our worship services.

\*Doug's sermons are available at our Pastoral Charge website, [www.ladnerunited.org](http://www.ladnerunited.org). Click on the St. Stephen's link in the lower left hand corner.

THANKS TO THIS MORNING'S READER: Nancy Painter

NEXT SUNDAY'S READINGS: will be chosen from among Isaiah 40:21-31, Psalm 147, I Corinthians 9: 16-23, and Mark 1: 29-39.

OUR ANNUAL MEETING will be held following worship next Sunday, February 5<sup>th</sup>,

### THE CHALLENGING JESUS

In the New Testament, Jesus inspires love, hatred, and fear but never boredom. The political and religious authorities conspire to kill him. He challenged some of his contemporaries' most basic assumptions about God and how to live one's life, and he continues to challenge many of the most pervasive assumptions of our culture. He particularly welcomed the outcasts and oppressed of his society into his company. ...Many imagine the Bible a conservative book that comforts those who want to preserve the status quo. But the Jesus it presents shook up his society and would shake up ours.

William Placher, *Jesus the Saviour*

### **WE REMEMBER IN PRAYER THIS WEEK**

- 1. Ecumenical Cycle:** Denmark, Finland, Iceland, Norway, Sweden
- 2. Presbytery Cycle:** Richmond - Sea Island - the Rev Neill McRae
- 3. South and East Delta:** Trinity Lutheran Church, Point Roberts, WA
- 4. Ladner/ St. Stephen's Pastoral Charge:** Making Sandwiches & delivering goods to First United and other mission congregations